

Kinesiologist Interview Questions And Answers Guide.



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Kinesiologist Job Interview Preparation Guide.

Question # 1

Explain me who is an anatomy?

Answer:-

Anatomy is the study of the structure and relationship between body parts. Physiology is the study of the function of body parts and the body as a whole.

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Question # 2

Tell me what is a Kinesiologist?

Answer:-

Kinesiology is the scientific study of human or non-human body movement. Kinesiology addresses physiological, biomechanical, and psychological mechanisms of movement. Applications of kinesiology to human health (i.e. human kinesiology) include biomechanics and orthopedics; strength and conditioning; sport psychology; methods of rehabilitation, such as physical and occupational therapy; and sport and exercise. Studies of human and animal motion include measures from motion tracking systems, electrophysiology of muscle and brain activity, various methods for monitoring physiological function, and other behavioral and cognitive research techniques.

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Question # 3

Do you know what is the study of kinesiology?

Answer:-

Applications of kinesiology in human-health include physical education teacher, the rehabilitation professions, such as physical and occupational therapy, as well as applications in the sport and exercise industries. Kinesiology is a field of scientific study, and does not prepare individuals for clinical practice.

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Question # 4

What is Kinesiologist health Promotion?

Answer:-

Kinesiologists working in the health promotion industry work with individuals to enhance the health, fitness, and well-being of the individual. Kinesiologists can be found working in fitness facilities, personal training/corporate wellness facilities, and industry.

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Question # 5

What is Kinesiologist Management/Research/Administration/Health and Safety?

Answer:-

Kinesiologists frequently fulfill roles in all above areas, perform research, and manage businesses.

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Question # 6

What is Kinesiologist Athletic Training?

Answer:-

Kinesiologists working in athletic training work in cooperation with physicians. Athletic trainers strive to prevent athletes from suffering injuries, diagnose them if they have suffered an injury and apply the appropriate treatment.

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Question # 7

What is Kinesiologist Ergonomics?



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Answer:-

Kinesiologists work in industry to assess suitability of design of workstations and provide suggestions for modifications and assistive devices.

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Question # 8

What is the meaning of human anatomy?

Answer:-

The term „anatomy" derives from the ancient Greek meaning „to dissect". As in veterinary anatomy human anatomy is subdivided into macroscopic (or gross) and microscopic anatomy. Macroscopic anatomy describes structures, organs, muscles, bones etc. which are visible to the naked eye, that is macroscopic.

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Question # 9

Tell me when should you seek out the services of a kinesiologist?

Answer:-

Kinesiologists cover the spectrum of rehabilitative and wellness services from the active rehabilitation of an injury through to high-performance training. Many people will be referred to a kin after seeing a physiotherapist or chiropractor to begin active rehabilitation (exercise). This involves learning proper movement mechanics, fixing muscle imbalances and building an overall strong and healthy body.

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Question # 10

What do you know about Kinesiology Physical Education Teacher?

Answer:-

Kinesiologists working as physical education teachers are responsible for teaching fitness, sports and health. They help students stay both mentally and physically fit by teaching them to make healthy choices

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Question # 11

What is Kinesiology Disability Management/Case Coordination?

Answer:-

Kinesiologists recommend and provide a plan of action to return an injured individual to their optimal function in all aspects of life.

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Question # 12

Do you know what is the human anatomy?

Answer:-

In its broadest sense, anatomy is the study of the structure of an object, in this case the human body. Human anatomy deals with the way the parts of humans, from molecules to bones, interact to form a functional unit. The study of anatomy is distinct from the study of physiology, although the two are often paired.

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Question # 13

Basic Kinesiology job interview questions:

Answer:-

- * Example when you went above and beyond the call of duty.
- * How long would you stay with our company?
- * Are you planning to continue your studies?
- * Do you think you are overqualified for this position?
- * Have you done this kind of work before?

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Question # 14

Behavioral Kinesiology interview questions:

Answer:-

- * Give examples of ideas you've had or implemented.
- * Has anything ever irritated you about people you've worked with?
- * What kind of personality do you work best with and why?
- * Give an example of a time you successfully worked on a team.
- * What can you do for us that other candidates cant?

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Question # 15

Competency Based Kinesiology interview questions:

Answer:-

- * What techniques and tools do you use to keep yourself organized?
- * What are your expectations regarding promotions and salary increases?



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- * What are three positive things your last boss would say about you?
- * What was the most complex assignment you have had?
- * If you were hiring a person for this job, what would you look for?

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Question # 16

Phone Based Kinesiology interview questions:

Answer:-

- * Tell about a time that you had to adapt to a difficult situation.
- * What are you expecting from this firm in the future?
- * What is your greatest achievement outside of work?
- * Who was your favorite manager and why?
- * Tell me about yourself.

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Question # 17

Video Based Kinesiology interview questions:

Answer:-

- * Where do you see yourself in five years time?
- * What were the responsibilities of your last position?
- * What would you say are your strong points?
- * What negative thing would your last boss say about you?
- * What problems have you encountered at work?

Make sure the experience is relevant.

Answer as sincerely as possible. Don't lie as if you are discovered, it shall be very bad situation.

Focus on positive achievements and views.

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Question # 18

Situational Kinesiology interview questions:

Answer:-

- * What do you think you can bring to this position?
- * You have not done this sort of job before. How will you succeed?
- * What is the difference between a good position and an excellent one?
- * What attracted you to this company?
- * How do you evaluate your ability to handle conflict?

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Question # 19

Strengths and Weaknesses Based Kinesiology interview questions:

Answer:-

- * How do you see your job relating to the overall goals?
- * Who else have you applied to/got interviews with?
- * What are your salary requirements.
- * Tell me about your strengths.
- * What assignment was too difficult for you?

Show that you are willing to take on the necessary job functions. Prepare a list of things you want to say in the interview.

Make sure to tell the interviewer about the positive results your actions produced.

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Question # 20

Communication skills based Kinesiology interview questions:

Answer:-

- * What is a typical career path in this job function?
- * What type of work environment do you prefer?
- * Who has impacted you most in your career and how?
- * What support training would you require to be able to do this job?
- * Do you have the qualities and skills necessary to succeed in your career?

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Question # 21

What is Kinesiology Health and Safety?

Answer:-

Kinesiologists are involved in consulting with industry to identify hazards and provide recommendations and solutions to optimize the health and safety of workers.

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Question # 22



Explain me what is the name of the study of muscles?

Answer:-

Myology is the medical specialty concerned with the study of the structure, function, and diseases and disorders of muscles. There are many diseases and disorders of the muscular system, some of which are also diseases related to other systems of the body, such as the nervous system.

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Question # 23

Explain About Kinesiologist Athletic Coaches and Scouts?

Answer:-

Kinesiologists who pursue a career as an athletic coach develop new talent and guide an athlete's progress in a specific sport. They teach amateur or professional athletes the skills they need to succeed at their sport. Many coaches are also involved in scouting. Scouts look for new players and evaluate their skills and likelihood for success at the college, amateur, or professional level.

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Question # 24

What is Kinesiologist Clinical/Rehabilitation?

Answer:-

Kinesiologists work with individuals with disabling conditions to assist in regaining their optimal physical function. They work with individuals in their home, fitness facilities, rehabilitation clinics, and at the worksite. They also work alongside physiotherapists and occupational therapists.

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Question # 25

Tell me what is holistic kinesiology?

Answer:-

A. Kinesiology, literally, is the study of body movement, encompassing holistic health disciplines which use gentle manual muscle testing to monitor information about a person's well being. Kinesiology can assist in spiritual, emotional and structural issues.

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Question # 26

What is Kinesiologist Health Education?

Answer:-

Kinesiologists working in health education teach people about behaviors that promote wellness. They develop and implement strategies to improve the health of individuals and communities. Community health workers collect data and discuss health concerns with members of specific populations or communities.

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Question # 27

Explain what is anatomy in medical science?

Answer:-

Anatomy is a branch of biology and medicine which can be divided into three broad areas: human anatomy, zootomy (animal anatomy), and phytotomy (plant anatomy). The word anatomy comes from the Greek ana- meaning "up", and tome- meaning "a cutting". Anatomy, especially in the past, has depended heavily on dissection.

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Question # 28

Please explain what is a dynamic muscle contraction?

Answer:-

An example would be what happens when a person pushes against a wall. The muscles contract but the joint remains unmoved. A dynamic (or isotonic) contraction occurs when the force generated by the muscle causes movement in the joint. Dynamic contractions occur during most physical activities.

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Question # 29

Explain me what is a Kinesiologist (Kin)?

Answer:-

A kinesiologist is a health professional (also known as a human movement professional) registered with their provincial kinesiology association. Kinesiologists are human movement specialists that provide services to the public through the application of sciences such as anatomy, physiology, biomechanics, and psychomotor behaviour (BCAK).

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