

Homeopathic Interview Questions And Answers Guide.



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Homeopathic Job Interview Preparation Guide.

Question # 1

Do you know what are the physical, mental and emotional aspects of homeopathy?

Answer:-

Homeopathy is based on the philosophy that the body, mind and emotions are not really separate and distinct, but are actually fully integrated. Based on this perspective, a homeopath seeks a remedy that fits all of a patient's physical and psychological symptoms. Although some people's symptoms may be complex, a well-trained homeopath will know which symptoms should be specially noted, and can choose an effective, individualized remedy.

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Question # 2

Do you know what is the relationship between symptoms and homeopathy?

Answer:-

Symptoms are the language of a disease - the body's attempt to balance itself. Without symptoms, a person could have a potentially life threatening illness with no way of identifying it. There have been many cancer patients who reported that they hadn't suffered from a cold or flu in years prior to their diagnosis. The explanation was probably not that they didn't have infections during this period, but more likely that their bodies were unable to fight these infections by producing necessary symptom indications.

Many conventional drugs try to inhibit and suppress symptoms - sometimes leading to even more serious symptoms. Conventional (allopathic) physicians do not usually recognize the new series of symptoms as being related to the old. Thus, they treat them as new and unrelated problems.

Did you know that a fever is the body's attempt to activate the immune system's white blood cells and defend itself from infection? If a person is given a symptom-suppressing medication - fighting the fever - too soon, they will be less able to fight the actual infection.

Homeopathy does not seek to remove or suppress symptoms. Its goal is to recognize and remove the underlying cause of these symptoms. This is why a homeopath will work toward understanding the whole person - including their body, mind and emotional state - before prescribing a remedy.

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Question # 3

What is Conventional Medicine's Approach?

Answer:-

Conventional (allopathic) medicine usually relies on treating a patient's physical symptoms. This treatment might also assume a person's symptoms need to be controlled, suppressed or eliminated.

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Question # 4

Tell me Is homeopathy merely psychological?

Answer:-

If you think you must "believe in" homeopathy for it to work, you need to know that it is not a placebo effect. Here are some powerful examples:

Infants: Homeopathic remedies and treatments are successfully used by parents for common infant ailments such as colic, teething pain and some infections.

Animals: There are many veterinarians using homeopathic medicines to treat domestic pets such as cats, dogs and birds, as well as barnyard animals like goats, horses and cows. Is it possible to have a placebo effect with animals?

Millions of people across the world use and rely on homeopathic remedies. Today there are a rapidly growing number of conventional medical doctors using homeopathic medicines, including:

39% of French family physicians

20% of German physicians

10% of Italian physicians

Moreover, in many European countries there is a growing trend of medical doctors referring patients to homeopathic physicians.

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Question # 5

Explain does the Homeopath give the same white pills for all illnesses/patients?

Answer:-

What seems so is not true. The white pills which are dispensed from a homeopath are only neutral vehicles or carriers of actual medicines that is sprinkled on



them. When the actual drug is poured on these white pills they get coated with the curative power of the drug. Different drugs are usually poured in various differing potencies as to best suit different patients. There are about 3000 medicines and 10 variable potencies (powers of medicines) of each medicine so minimum 30,000 various permutation and combinations are utilized.

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Question # 6

Tell me do homeopathic medicines have steroids?

Answer:-

No. It is a misconception that has been developing in the recent times. Due in many cases after seeing the improvement in a very short time people think that homeopaths give steroids.

All Homeopathic medicines are prepared by using scientific predefined methods of extracting the medicinal properties from source substances. There is no scope or need to adulterate the derived medicines with any other substances, as this would completely obliterate the curative properties of the same. The prescription of homeopathic medicines is based on the similarity of the symptoms of the patient with those produced by the drug (in its purest form) when proved (clinical trials) in healthy individuals. So any addition to the original medicine would completely alter its medicinal properties and hence alter it non-curative. Also if steroid is added the medicines will taste bitter.

If the patient has any doubts he should check the medicines from a standard laboratory before consuming any quantity.

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Question # 7

Tell me does Homeopathy believe in Surgery?

Answer:-

Yes, it does. Surgery is a separate branch of medicine. It has to be resorted to in conditions that are beyond the domain of medicine. But one can avoid surgery in certain cases as homeopathy can effectively treat many so called surgical conditions like tonsillitis, piles, warts, kidney stones etc.

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Question # 8

What is homeopathy?

Answer:-

Homeopathy is a system of medicine which involves treating the individual with highly diluted substances, given mainly in tablet form, with the aim of triggering the body's natural system of healing. Based on their specific symptoms, a homeopath will match the most appropriate medicine to each patient.

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Question # 9

Explain Level 1: First Aid?

Answer:-

Homeopathy can be used in first aid to safely treat common ailments and occurrences, such as sprains and bruises, minor burns, skin irritations and reactions (including poison ivy, diaper rash and insect bites), teething pain, etc.

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Question # 10

Tell me can such small doses be effective?

Answer:-

Homeopathic remedies are indeed very small doses. However, they are specially prepared doses which undergo a specific process - including dilution of ingredients (called potentization), as well as a vigorous shaking (succussion).

Specially formulated homeopathic remedies are thought to resonate with the body, triggering a positive healing response. This response gently, and effectively, heals from the inside out.

The documented results from thousands of experienced homeopaths, and from millions of their patients, clearly show that these small, individualized doses produce profound health benefits.

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Question # 11

Tell me how can the correct homeopathic remedy be found?

Answer:-

Finding the appropriate homeopathic remedy depends upon gaining a complete understanding of the patient as a whole person. This means that the homeopath must take note of the physical, mental and emotional levels of each person before deciding on a correct remedy.

Homeopathic remedies have been described as "designer medicines." While this might seem like a simplistic and trendy view of homeopathy, it is true that remedies are specially "designed" for individuals based upon their unique, and sometimes complex, state of being.

Take for example migraine headaches. We could easily demonstrate that one person might have pain on one side of their head, while another person had pain on both sides. Still another person could have nausea accompanying the migraine, and yet another could have dizziness. It is important to recognize that, in addition to the person's physical symptoms, there are underlying psychological and emotional aspects as well.

Homeopathic remedies are only given when the total continuum of physical and psychological symptoms has been identified.

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Question # 12

Explain is it true that Homeopathic medicines are only placebos (sugar pills)?

Answer:-



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No. The pills of Homeopathic medicines are made from sugar but they work only as vehicles. Actual liquid medicine prepared from various natural medicinal substances, is poured over the pills and dispensed as medications. Homeopathic medicines are also available in liquid form or tinctures, which can be administered directly or by diluting them in water whenever required.

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Question # 13

Explain does one have to take the medicines for a long time?

Answer:-

Usually not. The duration of the treatment depends upon the nature of the disease and the fighting capacity of the patient's body. The treatment is required for a certain time period so as to improve the resistance of the body to fight diseases. Taking into consideration all these factors the treatment is continued for a certain time frame for the benefit of the patient. Once the patient starts improving we stop the medicines and the natural immunity and control mechanism of the body will take care of the rest of the problems.

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Question # 14

Tell me does homeopathy take a long time to act?

Answer:-

It is a myth that medicines act slowly. Its action is quick and the effect lasts much longer, often forever. The disease is cured from its roots. With most of the other systems of medicine symptoms are merely palliated or at times suppressed while in Homeopathy they are cured for good.

The time taken for the cure is proportionate to the chronicity of the ailment. In fact if a patient seeks homeopathic treatment at the onset of an ailment, he stands great chances of a really quick recovery. Also in acute illnesses homeopathic medicines act fast and effectively. For e.g. if "X" is suffering from bronchial asthma and he is suffering for the last 14 years and has been to various systems of medicine. Now if you give him homeopathy and say in 2 years time the patient is completely alright - Please tell us which one is slower?

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Question # 15

Tell me is cure possible with Homeopathic medicines?

Answer:-

Homeopathy is curative. It treats the cause (internal malady or the imbalanced energy) and not the expression (diagnostic symptoms specific to the disease) of the disease. The symptoms are only used as an indication to select the right remedy for the individual. It treats the person as a whole and not his individual body parts. Homeopathy takes into account the expressions of an illness characteristic to the individual and a curative remedy chosen on this basis gives a gentle and permanent cure at the earliest.

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Question # 16

Tell me is it safe to take Homeopathic medicines during Pregnancy?

Answer:-

Yes. It is always better to take homeopathic medicines from a qualified homeopathic doctor. If the treatment is planned in a proper way it will have lots of benefits to the mother and the child. The child will be much healthier and the medicines will help to fight the hereditary diseases which are carried from generation to generation. In fact if homeopathy is given during pregnancy, the delivery would be normal and easier. The child will be relatively healthier and emotionally well balanced, intellectually sound and physically stronger.

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Question # 17

is homeopathic treatment effective for children, adults, woman and elderly?

Answer:-

Homeopathy has no bar for age and sex; it is equally effective for every human being in every stage of their life from birth till death.

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Question # 18

Do you know about historical context?

Answer:-

Homeopaths claim that Hippocrates may have originated homeopathy around 400 BC, when he prescribed a small dose of mandrake root to treat mania, knowing it produces mania in much larger doses. In the 16th century, the pioneer of pharmacology Paracelsus declared that small doses of "what makes a man ill also cures him."

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Question # 19

Explain Level 3: Constitutional Homeopathy?

Answer:-

Constitutional homeopathy refers to the treatment of a person as a whole, including past and present symptoms. When accurately implemented, homeopathic constitutional care can elicit a profound healing response. Homeopathy can be extremely effective in treating chronic and long-term health problems. Recurrent ear infections, for example, can be treated with a homeopathic remedy for a longer period of time to strengthen the body's immune system and to prevent future occurrences.

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Question # 20

What is Homeopathy's Approach?

Answer:-

Homeopathy is based on a "whole person" approach. In homeopathy, the remedy or treatment program is customized and individualized to the patient, with the intent of removing the underlying cause.

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Question # 21

Explain what is the patients role?

Answer:-

Open Communication & Observation

While it is the homeopath's job to elicit relevant information by asking probing questions, the patient can expect a higher chance of receiving an effective homeopathic remedy if he or she is open and truthful in describing their physical and psychological symptoms. It is also important to be observant of the changes taking place in your system. To that end, you might want to keep a journal or notes on any noticeable changes or shifts in your symptoms or health.

Substances to Avoid

Another important thing to remember is that it is wise to avoid any substances that might interfere with your remedy. Certain substances have been found to reverse ("antidote") the effects of homeopathic remedies and medicines.

It is suggested that you avoid the following substances, practices and items to insure the best response from your remedy:

Avoid:

- Coffee
- Camphor, or camphorated products including products containing eucalyptus and camphor oils
- Dental work, teeth cleaning, drilling or anesthetics
- Electric blankets
- Mint, or mentholated products
- Nicotine
- Recreational drugs
- Some conventional drugs (Be sure to tell your homeopath what you are taking)
- X-Rays
- Stress, which can lower the resonance of a homeopathic remedy

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Question # 22

Explain Why detailed history?

Answer:-

Detailed history is very essential as homeopathy believes in treating the individual and not the disease. So the physician needs to know the individual and not about his disease. Also the chronic diseases are due to suppression of skin affections or emotions; hence detailed history will reveal whether any past ailments suppressed has lead to the present complaints.

Every incidence affects our life, so it is very important to know all the incidences and its impact it had on the patients. Hence a detailed history right from the childhood till date is needed to find the right medicine which suits the patient. If you co-operate and give honest and detailed history we can help you to achieve better and healthy life.

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Question # 23

Explain does homeopathy believe in disease diagnosis and the pathological investigations?

Answer:-

Yes. It is very essential to diagnose a disease, but for the selection of the remedy we require to know the characteristic symptoms of the patient and not the disease symptoms. For e.g. If a person is having an attack of asthma, he will be having wheezing and congestion of the chest and he gets relief only if he throws his head backwards'. Wheezing and congestion of chest are symptoms of the disease but for the selection of the remedy the important symptom is 'relief by throwing head backwards'. Hence to differentiate the disease symptoms with the individual characteristic symptoms good knowledge of disease is important. The pathological investigations are also important to judge the improvement, know disease diagnosis and the prognosis.

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Question # 24

Explain are there any food restrictions during the treatment?

Answer:-

Yes the patient is only advised to avoid eating or drinking 15 minutes before or after taking homeopathic medication. One has to avoid coffee, raw onion and raw garlic. Also avoid eating mint, camphor and menthol as these can hinder the action of the homeopathic medicine or antidote the effects of the medicine.

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Question # 25

Tell me can patients suffering from Diabetes take Homeopathic medicines?

Answer:-

Yes why not? As the daily dietary intake of sugar by a person would normally far exceed the minuscule quantity consumed in the form of homeopathic pills (Approximately the quantity of sugar consumed with 1 cup of tea is same as being consumed by entire week of Homeopathic medication). The patient also has an option of taking the medicines in liquid form, or by inhalation. Besides this, homeopathic pills are composed of lactose that is not harmful even for diabetes.

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Question # 26



Tell us does Homeopathy work in acute cases?

Answer:-

Yes. Homeopathy has wonderful remedies that give prompt relief in acute cases like fever, cough, cold, diarrhea, headaches etc. when the person opts for homeopathy at the onset of the ailment.

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Question # 27

Do you know what will the homeopath need to know?

Answer:-

The homeopath needs to know every minutest detail about you which characterizes you, something which is unusual about you, so that he can find the right remedy for you. Homeopath needs to understand you, your nature, your complaints and your disturbed mental and emotional state in order to reach to the core of your case.

Any peculiar habit that you have, your past medical history, past affairs, about your childhood details, any thing and every thing about you will help the physician to help you. So if you give an honest and correct history to the physician, he can assess your case accurately. Anything that you confide in your physician will be strictly confidential and helpful.

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Question # 28

Tell me why do homeopaths do not tell the name of the medicines that has been given?

Answer:-

The name of the medicine is not disclosed for the benefit of the patient. If the patient after knowing the name of the medicines starts taking it according to his or her whims and fancies; it will distort the disease picture and in the future treatment of the patient will be much more difficult. Also certain medicines have to be changed and given as per the state of the disease and recovery.

If the patient wants a copy of case record can be provided to the patient but at the end of the treatment, when patient has completely recovered.

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Question # 29

Homeopathic dilutions cannot act as medicines because beyond Avogadro's number there is no drug substance left. Is it correct?

Answer:-

No, they definitely act. This misconception persisted for a very long time and there was no technique to demonstrate the same. But new researches show that dilutions definitely act. For example: 1) When rats are drugged with the substance Arsenic, they excrete the same in the urine to a certain extent. When these rats are given potentised Arsenic the rate of excretion increases considerably; and higher the potency, the faster is the elimination. 2) Another experiment showed that when homeopathic Belladonna (potentised) was given to guinea pigs, it produced contractions in the ileum (part of intestine); and higher the potency stronger was the contraction. 3) Though this is yet a hypothesis, it seems that beyond Avogadro's number, the molecules in solutions appear to develop a 'stamp' or 'image' of the original substance, which does not get wiped off even in extremely diluted preparations. 4) As the proof of pudding is in eating. Proof of effectiveness of homeopathic medicine is in results. Once you see good results you are convinced about its efficacy.

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Question # 30

Tell me are there any side effects of homeopathic medicines?

Answer:-

No, there are no side effects of homeopathic medicines. Some times the symptoms may get aggravated for short period of time, but this is a good sign that the homeopathic medicine is right and has started acting. Sometimes you may get cold, skin rash or little discharge after taking homeopathic medicine that means the system is getting cleared. In the same way your old symptoms like constipation, warts or any skin rash may reappear, do not take any medicine to treat these reappearing old symptoms, as these old symptoms will go away in short period of time and you are healed completely and permanently.

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Question # 31

Explain do homeopathic medicines bring about aggravation initially?

Answer:-

In some cases there is an initial aggravation of the symptoms but it is a good sign that shows the medicine is right and has started acting. But this happens in a few cases and not all patients will have an aggravation; most of the patients have simple long lasting amelioration.

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Question # 32

Tell me in which disease condition homeopathic treatment is more effective?

Answer:-

There is no condition that Homeopathy cannot treat. Conditions from a simple cold to cancer can be treated with Homeopathy. It takes into account the individual symptoms of the patient suffering from any disease and not the diagnosis of the disease. By the virtue of this certain diseases that cannot be diagnosed clinically or even unknown diseases can also be treated. Also in incurable cases where even the modern line of treatment fails to help the patients, homeopathy will prove to be a very good palliative and will improve the last days of life and ease the death. This happens in advanced stages of cancer, we can relieve pain very easily and effectively.

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Question # 33

Explain what are the three levels of homeopathic therapy?

Answer:-



Level 1: First Aid

Homeopathy can be used in first aid to safely treat common ailments and occurrences, such as sprains and bruises, minor burns, skin irritations and reactions (including poison ivy, diaper rash and insect bites), teething pain, etc.

Level 2: Acute Homeopathy

Acute health problems are those in which the symptoms will eventually go away on their own. They are temporary conditions, such as colds, flu, coughs, sprains, etc. A homeopathic remedy can be useful and attractive because it is safe, gentle and has no harmful side effects. Homeopathy can also be used to assist sensitive conditions such as pregnancy.

Level 3: Constitutional Homeopathy

Constitutional homeopathy refers to the treatment of a person as a whole, including past and present symptoms. When accurately implemented, homeopathic constitutional care can elicit a profound healing response. Homeopathy can be extremely effective in treating chronic and long-term health problems. Recurrent ear infections, for example, can be treated with a homeopathic remedy for a longer period of time to strengthen the body's immune system and to prevent future occurrences.

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Question # 34

Explain The Homeopathic Treatment?

Answer:-

The goal of the homeopathic treatment is to encourage the body to return to a natural state of balance and health. Like the missing pieces of a puzzle, homeopathic medicines help "fill-in" the gaps in the body to stimulate a person's own healing potential and energies. When this occurs, the person will have access to the body's natural strength and wisdom, so that more conventional medicines and chemical-based substances may not be needed.

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Question # 35

Explain should one take homeopathic medicines only from a qualified doctor?

Answer:-

Yes, he should. There have been instances of miracle cures by lay people practicing homeopathy, but it is always advisable to go to a homeopathic physician, as he is qualified to judge the severity and depth of your illness and thereby prevent undue complications later on, which could be overlooked by a hobby practitioner due to his ignorance of scientific medical knowledge. Only a qualified physician can guide you towards a complete mental, emotional, spiritual, physical and pathological recovery.

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Question # 36

Tell me does one have to stop other medicines which the patient has been taking?

Answer:-

No. The patient should not stop the medicines which he has been taking. It should be tapered gradually once the patient is improving but this should be done in consultation with the treating physician. In some cases where the other medicine cannot be discontinued, both the medicines have to be continued for the benefit of the patient. The treatment should be planned and properly implemented.

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Question # 37

Explain Level 2: Acute Homeopathy?

Answer:-

Acute health problems are those in which the symptoms will eventually go away on their own. They are temporary conditions, such as colds, flu, coughs, sprains, etc. A homeopathic remedy can be useful and attractive because it is safe, gentle and has no harmful side effects. Homeopathy can also be used to assist sensitive conditions such as pregnancy.

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Question # 38

Explain The Homeopath's Role as "Detective"?

Answer:-

It has been said that the work of the homeopath is to observe the patient, process and reflect on the gathered information, and then determine the underlying disturbance. This process can be thought of as a mystery, wherein the homeopathic "detective" attempts to discover where the flow of energy in the body has been blocked or impeded. Each signal/symptom offered by the patient can be thought of as a clue to determine the correct remedy. The patient's eye contact, body posture, breathing patterns, voice quality, and expressions are also noted as potential clues. Next, the data must be reconstructed, as it might be in a mystery novel or movie.

When all of the information about the patient's physical, mental and emotional symptoms has been documented, then the final search for the answer begins. Unlike a detective - or medical physician for that matter - the homeopath's goal is not only to remove the symptoms, but also to eliminate the essential causal problem by stimulating the body's natural curative powers. This is the reason for obtaining such a detailed analysis of the patient.

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Question # 39

Tell me is Homeopathy a proved science?

Answer:-

It definitely is. Homeopathy is a science based on sound logic and vast experimental data. Homeopathy is the only medicinal science where data has been collected by proving on human beings and not on animals because human beings can communicate their actual feelings during the testing while animals cannot. The principles of Homeopathy have been derived and authenticated by vast clinical experiments and data. The homeopathic medicines are prepared in a standardized manner. The homeopathic pharmacopoeia lists more than 3000 remedies, whose clinical efficiency has been proved in various clinical trials conducted all over the world.

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Question # 40

Explain are Homeopaths qualified doctors?

Answer:-

Yes. There are more than 180 homeopathic medical colleges in India and about 1000 colleges all over the world recognized by their respective Governments. The degree course is an extensive study encompassing the detailed and thorough study of the human body, Homeopathic pharmacy, Medicine, Gynaecology, Materia Medica, Philosophy, Total patient management etc. In India the full course lasts for four and half years followed by internship for 1year, which includes practical training in hospitals. There are now also postgraduate courses available in India. One must register with the Medical Council to practice legally.

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